

# Parent/Guardian Fact Sheet

**82% of our  
Trainees progress  
on to an  
Apprenticeship  
or other paid  
work**

**A Traineeship will allow your child the opportunity to undertake a funded education and training programme that is focused on giving them the skills and experience that Employers are looking for.**

## Does a Traineeship cost anything?

There are no costs associated with taking part in a Traineeship and it shouldn't affect your child's ability to claim benefits, even if the training exceeds 16 hours a week. This is due to Traineeships being classed as 'approved education'.

Traineeships are unpaid but they should be viewed as a stepping stone to an Apprenticeship and a better career. We encourage all our placement Employers to cover expenses, including food and travel. Plus, the Trainee may be eligible to receive a bursary which is discussed at application.

## What support is given?

Traineeships are flexible and tailored to each individual. We assess levels of English, Maths and readiness for work, as well as career aspirations. Regular reviews with the Employer and ourselves will take place to monitor progress, ensuring the best possible experience is received.

## Is a Traineeship right for my child?

Traineeships are designed for motivated young people aged 16-24 who want the opportunity to gain some valuable work experience. It provides them with a fantastic opportunity to further their career.

## What can be gained from a Traineeship?

A Traineeship is a significant step towards a rewarding career and will provide your child with a high quality work experience placement, making them job ready.

### They will develop transferrable skills and receive support in:

- ★ CV writing.
- ★ Completion of application forms.
- ★ Developing their interview skills.
- ★ Improving their English and Maths skills, working towards formal qualifications.

At the end of the placement, Employers may offer an Apprenticeship or another paid role within the company.

## How do Traineeships differ from Apprenticeships?

An Apprenticeship is paid and involves a contract of employment, whereas a Traineeship can be viewed as a pre-Apprenticeship placement that is unpaid and requires no contract of employment.

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